



امول ہیرے

Priceless Diamonds



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Shaykh-e-Tariqat Amir-e-Ahl-e-Sunnat,

the founder of Dawat-e-Islami Allamah Maulana

Muhammad Ilyas Attar Qadiri Razavi رحمۃ اللہ علیہ



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آنمول ہیرے

Anmol Hiray

PRICELESS DIAMONDS

This speech was delivered by Shaykh-e-Tarīqat Amīr-e-Ahl-e-Sunnat, the founder of Dawat-e-Islami ‘Allāmah Maulānā Abu Bilal Muhammad Ilyas Attar Qadiri Razavi رَاضِيَ بَرَكَاتُهُمُ الْعَالِيَةِ in Urdu. **Majlis-e-Tarājim** (the translation department) has translated it into English. If you find any mistake in the translation or composing, please inform the translation department on the following postal or email address with the intention of earning reward [Šawāb].

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An English translation of 'Anmol Hiray'



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الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
أَمَّا بَعْدُ فَأَعُوذُ بِاللَّهِ مِنَ الشَّيْطَانِ الرَّجِيمِ بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Du'ā for Reading the Book

Read the following Du'ā (supplication) before you study a religious book or an Islamic lesson, you will remember whatever you study, *إِنْ شَاءَ اللَّهُ عَزَّوَجَلَّ*:

اللَّهُمَّ افْتَحْ عَلَيْنَا حِكْمَتَكَ وَانْشُرْ
عَلَيْنَا رَحْمَتَكَ يَا ذَا الْجَلَالِ وَالْإِكْرَامِ

Translation

O Allah *عَزَّوَجَلَّ*! Open the door of knowledge and wisdom for us, and have mercy on us! O the One Who is the Most Honourable and Glorious!

(Al-Mustatraf, vol. 1, pp. 40)

Note: Recite Ṣalāt-‘Alan-Nabī ﷺ once before and after the Du'ā.

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الْحَمْدُ لِلَّهِ رَبِّ الْعَالَمِينَ وَالصَّلَاةُ وَالسَّلَامُ عَلَى سَيِّدِ الْمُرْسَلِينَ
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Priceless Diamonds*

No matter how lazy satan makes you feel, read this booklet from beginning to end. You will gain countless benefits in the worldly life as well as in the afterlife, إِنَّ شَاءَ اللَّهُ عَزَّوَجَلَّ.

Excellence of Ṣalāt-‘Alan-Nabi ﷺ

A'lā Ḥaḍrat, Imām-e-Ahl-e-Sunnat Maulānā Shāh Imām Aḥmad Razā Khān رَحِمَهُ اللَّهُ عَلَيْهِ رَحْمَةُ الرَّحْمَنِ has narrated on page 122 of the 23rd volume of *Fatāwā Razawiyyah*: Sayyidunā Abul Mawāḥib رَحِمَهُ اللَّهُ تَعَالَى عَنْهُ said, ‘I saw the Beloved Prophet صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ in my dream. Rasūlullāh صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ said to me, ‘You will intercede for one hundred thousand people on the Day of Judgement.’ I asked, ‘Yā Rasūlallāh صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ! How did I gain such a great status?’ Rasūlullāh صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ said, ‘Because you recite Salāt and send its reward to me.’

(Aṭ-Ṭabqāt-tul-Kubrā lish-Sha’rānī, pp. 101)

* This speech was delivered during Dawat-e-Islami’s 3-day Sunnah-inspiring Ijtimā’ held in Saḥrā-e-Madīnāh, Bāb-ul-Madīnāh, Karachi on 25 Ṣafar-ul-Muḥaḍḍar, 1430 AH – 2009. It is being presented in writing with some necessary amendments.

[Majlis Maktaba-tul-Madīnāh]

In order to send the reward, make the intention of sending the reward in your heart whilst you are reciting Salāt-‘Alan-Nabī, or, either before or after reciting Salāt-‘Alan-Nabī, say, ‘I am sending the reward of this Salāt to the Beloved and Blessed Rasūl صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ’.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

It is said that once a king who was passing by an orchard along with his companions saw someone throwing pebbles. One of the pebbles struck even the king. He ordered his servants to bring the pebble-throwing person before him. The servants brought an uncultured person. The king asked, ‘Where did you get these pebbles from?’ Terrified, he replied, ‘I saw these beautiful pebbles while wandering at a desolate place, so I put them into my pocket. When I reached this orchard, I used these pebbles to pluck fruits from the trees.’ The king asked, ‘Do you know the worth of these pebbles?’ He replied, ‘No.’ The king said, ‘These pieces of pebbles were, in fact, priceless diamonds which you have lost due to your foolishness.’ On hearing that, the uncultured person regretted a lot but his regret was useless because he had lost the priceless diamonds forever.

Moments of life are priceless diamonds

Dear Islamic brothers! Likewise, the moments of our life are also priceless diamonds. If we waste them in useless activities,

we will gain nothing except for wistfulness and remorsefulness on the Day of Judgement.

Allah عَزَّوَجَلَّ has sent human beings in this world for a limited period of time in order to attain a specific objective. Therefore, it is mentioned in Sūrah Al-Mu`minūn, verse 115, part 18:

أَفَحَسِبْتُمْ أَنَّمَا خَلَقْنَاكُمْ عَبَثًا وَأَنَّكُمْ إِلَيْنَا لَا تُرْجَعُونَ ﴿١١٥﴾

So do you understand that We have created you in vain, and you are not to return to Us?

[Kanz-ul-Īmān (Translation of Quran)] (Part 18, Al-Mu`minūn, verse 115)

Regarding this verse, it is written in *Khazāin-ul-ʿIrfān*: ‘Won’t you be resurrected for reward on the Day of Judgement! You have been created for worship which is obligatory for you. After you return to Us, you will be rewarded for your deeds.’

Explaining the aim of the creation of life and death, it is mentioned in Sūrah Al-Mulk, verse 2, part 29:

الَّذِي خَلَقَ الْمَوْتَ وَالْحَيَاةَ لِيَبْلُوَكُمْ أَيُّكُمْ أَحْسَنُ عَمَلًا ۖ

The One Who created death and life that you may be tested – as to which of you is better in deeds.

[Kanz-ul-Īmān (Translation of Quran)] (Part 29, Sūrah Al-Mulk, verse 2)

Life is short

Dear Islamic brothers! Besides these two verses, the purpose of the creation of human beings has also been described in many other places in the Holy Quran. Man has to live in this world for a very limited period of time. In this short life, he has to make preparations for the prolonged period of the grave and the Day of Judgement. Therefore, the time we have right now is very precious. Time is flying. It can neither be stopped nor be taken under control. The breath we have taken once will never return.

Continuity of breaths

Sayyidunā Ḥasan Baṣrī رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ has said, ‘Hurry up! Hurry up! What is the reality of your life – your life consists of breaths. If they cease, your actions and deeds whereby you get the pleasure of Allah عَزَّوَجَلَّ will also cease. May Allah عَزَّوَجَلَّ have mercy upon the person who assesses his character and deeds and sheds some tears recalling his sins!’ Saying that, he رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ recited verse 84 of Sūrah Maryam:

We are completing their counting.

إِنَّمَا نَعُدُّ لَهُمْ عَدًّا ﴿٨٤﴾

[Kanz-ul-Īmān (Translation of Quran)] (Part 16, Sūrah Maryam, verse 84)

Ḥujjat-ul-Islam Sayyidunā Imām Muhammad Bin Muhammad Ghazālī عَلَيْهِ رَحْمَةُ اللَّهِ الْوَالِي said, ‘This counting refers to the number of breaths.’ (*Iḥyā-ul-‘Ulūm*, vol. 4, pp. 205)

Day announces...

Sayyidunā Imām Bayḥaqī عَلَيْهِ رَحْمَةُ اللَّهِ الْقَوِي has narrated in *Shu’ab-ul-Īmān*: The Prophet of Raḥmah, the Intercessor of Ummah صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ said, ‘The day makes the announcement daily at the time of the sunrise: ‘If you want to perform any good deed today, then do it because I will never return.’

(*Shu’ab-ul-Īmān*, vol. 3, pp. 386, Ḥadīṣ 3840)

Mister or late!

Dear Islamic brothers! We should perform as many good deeds as possible taking the advantage of each and every day of our life as we may meet our death at any time. The people who call us today with the title ‘mister’ may call us tomorrow with the word ‘late’. Whether we realise it or not, it is an undeniable fact that our death is approaching us very fast. Thus, it is mentioned in Sūrah Al-Inshiqāq, verse 6:

يَا أَيُّهَا الْإِنْسَانُ إِنَّكَ كَادِحٌ إِلَىٰ رَبِّكَ كَدًّا فَلْتَقِهِ ۖ

*O man, indeed you have to definitely run towards your Lord,
and then to meet Him.*

[*Kanz-ul-Īmān (Translation of Quran)*] (Part 30, Sūrah Al-Inshiqāq, verse 6)

Death comes suddenly

O those who waste their precious time in idle activities! Just ponder how quickly life is passing! You may have seen several times that a healthy man dies all of a sudden. Now we do not know what is happening to him in the grave. However, he must have understood the reality of life.

O the ones hankering after the wealth of this world! O the ones considering the accumulation of wealth as the only aim of their life! Hurry up! Prepare yourself for the Hereafter lest you should be buried into the dark grave in the morning despite sleeping normally at night. For the sake of Allah **عَزَّوَجَلَّ**! Wake up from the sleep of heedlessness. Allah **عَزَّوَجَلَّ** has said in the first verse of Sūrah Al-Anbiyā:

إِقْتَرَبَ لِلنَّاسِ حِسَابُهُمْ وَهُمْ فِي غَفْلَةٍ مُّعْرِضُونَ ﴿١﴾

The accountability of the people is near, and they have turned their faces in negligence.

[Kanz-ul-Īmān (Translation of Quran)] (Part 17, Sūrah Al-Anbiyā, verse 1)

Regret of even Heaven dwellers!

Dear Islamic brothers! It is necessary for us to realize the importance of our time. Spending the precious moments of life uselessly is a great loss as the Holy Prophet **صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ** has said, ‘The people of the Heaven will not regret anything of the

world except the moment they spent without doing the *Ẓikr* of Allah **عَزَّوَجَلَّ**.’ (*Al-Mu’jam-ul-Kabīr*, vol. 20, pp. 93-94, *Ḥadīṣ* 172)

Nib of the pen

Ḥāfiẓ Ibn ‘Asākir has written in *Tabyīn-u-Kaẓib-il-Muftarī*: When the pen of Sayyidunā Salīm Rāzī **رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ** (a great saint of the fifth century) would wear out, he **رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ** would sharpen it doing the *Ẓikr* of Allah **عَزَّوَجَلَّ** so that his time may not be spent only in sharpening the pen. (Even though doing so for an Islamic piece of writing was itself a virtuous act, but like killing two birds with one stone) he **رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ** took double advantage of his time.

Get trees planted in Paradise!

The significance of time can be realized by the fact that one can get a tree planted for himself in Paradise within a second, whilst living in the world. The method of getting a tree planted in Paradise is extremely easy as it is stated in a *Ḥadīṣ* of *Ibn-e-Mājah*, ‘A tree will be planted in the Paradise for the one who utters any of the following: (1) **سُبْحَنَ اللهِ** (2) **الْحَمْدُ لِلّٰهِ** (3) **لَا إِلَهَ إِلَّا اللهُ** (4) **اللَّهُ أَكْبَرُ**.’ (*Sunan Ibn Mājah*, vol. 4, pp. 252, *Ḥadīṣ* 3807)

Excellence of Ṣalāt-‘Alan-Nabī ﷺ

Dear Islamic brothers! You have just heard that it is extremely easy to have a tree planted in Paradise. If one of the aforementioned

words is uttered, one tree and if all four are uttered then four trees will be planted for you in Paradise. Now you may realize the importance of time; trees can be planted for us in the Paradise just by a slight movement of our tongue.

If only we would get countless trees planted in Paradise for us by reciting 'سُبْحَنَ اللّٰهُ سُبْحَنَ اللّٰهُ' instead of wasting our time in useless conversation! Whether we are standing, walking, sitting, lying down or even working, we should try to recite Ṣalāt-‘Alan-Nabī abundantly, as there is a huge reward for it. The Beloved and Blessed Prophet صَلَّى اللّٰهُ تَعَالٰى عَلَيْهِ وَاٰلِهٖ وَسَلَّم has said, ‘The one who recites Ṣalāt upon me once, Allah عَزَّوَجَلَّ showers 10 mercies upon him, removes 10 of his sins and elevates his 10 ranks.’

(Sunan Nasāī, pp. 222, Ḥadīṣ 1294)

صَلُّوْا عَلَی الْحَبِیْب صَلَّی اللّٰهُ تَعَالٰی عَلَی مُحَمَّد

Remember! Whenever you recite something whilst lying, you should fold your legs.

Dear Islamic brothers! If only we would get into the habit of weighing our words before we talk in this way: Whether the thing I am going to say has any worldly or religious benefit or not. If it appears to be useless, we should recite Ṣalāt-‘Alan-Nabī or start doing the Ṣikr of Allah عَزَّوَجَلَّ instead of indulging in purposeless conversation so that we get the treasure of reward.

Or we should say: 'سُبْحَنَ اللَّهِ' or 'الْحَمْدُ لِلَّهِ' or 'لَا إِلَهَ إِلَّا اللَّهُ' or 'اللَّهُ أَكْبَرُ' so that trees are planted for us in Paradise.

Better than 60 years' worship

If you don't want to recite anything, you can still earn reward even in silence. Instead of thinking about useless worldly things, remember Allah عَزَّوَجَلَّ and His Beloved Rasūl صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ in imagination or meditate on Islamic knowledge or the agonies of death, the loneliness and the horror of the grave and the frightening situation of the Day of Judgement. In this way, your time will not be wasted and every breath will إِنَّ شَاءَ اللَّهُ عَزَّوَجَلَّ be counted as worship.

It is mentioned in *Al-Jāmi'-uṣ-Ṣaghīr* that the Greatest and Holiest Prophet صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said, 'To meditate (on matters of Hereafter) for a moment is better than 60 years' worship.' (*Al-Jāmi'-uṣ-Ṣaghīr*, pp. 365, Ḥadīṣ 5897)

Five before five

Dear Islamic brothers! Surely, life is very short. In fact, the present time is the only time which we have in hand. Any hope for having time in future is nothing but a deception. It is quite possible that we meet our death the very next moment. Rasūlullāh صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said:

إِغْتَنِمْ خَمْسًا قَبْلَ خَمْسٍ: شَبَابَكَ قَبْلَ هَرَمِكَ وَصِحَّتَكَ قَبْلَ سَقَمِكَ
وَعِغْنَاكَ قَبْلَ فُقْرِكَ وَفَرَاغَكَ قَبْلَ شُغْلِكَ وَحَيَاتَكَ قَبْلَ مَوْتِكَ

Translation: Value five (things) before five (other things): (1) youth before old age, (2) health before illness, (3) wealth before poverty, (4) leisure time before being busy and (5) life before death. (*Al-Mustadrak*, vol. 5, pp. 435, *Ḥadīṣ* 7916)

Two favours

The Beloved and Blessed Prophet صَلَّى اللهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said, 'There are two such favours about which many people are in deception. One is health and the other is leisure time.'

(*Ṣaḥīḥ Bukhārī*, vol. 4, pp. 222, *Ḥadīṣ* 6412)

Dear Islamic brothers! Undoubtedly, a sick person can better understand the significance of health as compared to a healthy person. Likewise, an extremely busy person knows well the significance of time. Those who have ample free time are not normally aware of the significance of these precious moments. Value your time and utilize it in the best possible way refraining from unnecessary talks, useless activities and useless company of friends.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

Beauty of Islam

It is stated in *Sunan-ut-Tirmizī*: The Mercy for the universe, the Most Honourable Prophet ﷺ has said, ‘Giving up that which is not beneficial to man is one of the beauties he gets by virtue of Islam.’ (*Sunan-ut-Tirmizī*, vol. 4, pp. 142, Ḥadīṣ 2344)

Value of priceless moments

Dear Islamic brothers! Life is comprised of limited days, hours and moments. Every breath is a priceless diamond. If only we would value every breath and spend every moment performing good deeds! If we waste our time in useless and sinful activities we may have to shed tears of grief and regret on the Day of Judgement as a result of seeing our book of deeds empty of good deeds. If only we would ponder how we are spending every moment of our life. We should try to spend every moment of our life in useful activities refraining from wasting time in having useless conversations and idle gossips. Otherwise, we may have to regret on the Day of Judgement.

Sayings of those who valued time

1. Amīr-ul-Muminīn, Sayyidunā ‘Alī كَرَّمَ اللَّهُ تَعَالَى وَجْهَهُ الْكَرِيم has said, ‘These days are the pages of your life, decorate them with good deeds.’
2. Sayyidunā ‘Abdullāh Ibn Mas’ūd رَضِيَ اللَّهُ تَعَالَى عَنْهُ has said, ‘I feel sad and ashamed on the day which I spend without increasing my good deeds.’

3. Sayyidunā ‘Umar Bin ‘Abdul ‘Azīz رَضِيَ اللهُ تَعَالَى عَنْهُ has said, ‘Your life is shortening every day, so why are you lazy in performing good deeds?’ Once someone said humbly to him, ‘Yā Amīr-ul-Mu`minīn! Postpone this work until tomorrow.’ He رَضِيَ اللهُ تَعَالَى عَنْهُ said, ‘I hardly complete a day’s work in one day; if I postpone today’s work until tomorrow, then how will I be able to complete two days’ work in one day?’

Do not postpone today’s work until tomorrow, you will have some other work tomorrow.

4. Sayyidunā Ḥasan Baṣrī رَحِمَهُ اللهُ تَعَالَى عَلَيْهِ has said, ‘O man! Your life consists of days. When a day passes, a part of your life also passes.’ (*Tabqāt-ul-Kubrā lil-Manāwī, vol. 1, pp. 259*)
5. Sayyidunā Imām Shāfi’ī رَضِيَ اللهُ تَعَالَى عَنْهُ has said, ‘I remained in the company of pious people for a certain period of time, gaining spiritual benefits. I learnt two important things from their company: (1) time is like a sword, you should cut it (with good deeds) or else it will cut you (by keeping you busy with useless things) and (2) safeguard your Nafs; if you do not keep it busy with good things, it will keep you busy with bad things.’
6. Imām Rāzī رَحِمَهُ اللهُ تَعَالَى عَلَيْهِ has said, ‘By Allah عَزَّوَجَلَّ I get very sad at the time of eating because I have to leave religious activities (writing or studying). Time is a very valuable asset.’

7. Hāfiẓ Ibn Hajar رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ has stated about Sayyidunā Shamsuddīn Aṣḥāhānī قُدْسَ سِرُّهُ التُّورَانِي (a great Shāfi'i scholar of the 8th century): He رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ used to eat less for fear of the waste of time in going to the toilet again and again.
(*Ad-Dur-rul-Kāminah lil-'Asqalanī*, vol. 4, pp. 328)
8. 'Allāmah Ṣāhibī رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ has written in *Taẓkira-tul-Ḥuffāẓ* about Khaṭīb-e-Baghdādī رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ: 'He رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ would study even when walking (so that the time it takes to go from one place to another is not wasted).
(*Taẓkira-tul-Ḥuffāẓ*, vol. 3, pp. 224)
9. Sayyidunā Junayd Baghdādī عَلَيْهِ رَحْمَةُ اللهِ تَعَالَى was reciting the Holy Quran at the time of his death. Someone asked surprisingly, 'Recitation even at this time!' He رَحْمَةُ اللهِ تَعَالَى عَلَيْهِ replied, 'My book of deeds is being closed, so I am adding good deeds to it quickly.' (*Ṣīd-ul-Khāṭir li Ibn-ul-Jauzī*, pp. 227)

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللهُ تَعَالَى عَلَى مُحَمَّدٍ

Plan a schedule

Dear Islamic brothers! If possible, make a daily schedule. Firstly, try your best to sleep within two hours after offering Salāt-ul-'Ishā. Chatting and gossiping with friends (when there is no religious benefit) at night in hotels, clubs etc. is a big loss. It is stated in *Tafsīr Rūḥ-ul-Bayān*, volume 4, page 166: 'One of

the causes of the destruction of the nation of Lūṭ was that they would sit by the roadside and would laugh and joke.’

Dear Islamic brothers! Tremble with fear of Allah عَزَّوَجَلَّ! No matter how pious your friends look, you should avoid and repent of every such company which makes you heedless of Allah عَزَّوَجَلَّ. Sleep early after completing your religious activities of the night because resting at night is better than resting in the day for health and this is natural too. It is mentioned in Sūrah Al-Qaṣaṣ, verse 73:

وَمِنْ رَّحْمَتِهِ جَعَلَ لَكُمُ اللَّيْلَ وَالنَّهَارَ لِتَسْكُنُوا فِيهِ وَلِتَبْتَغُوا
مِنْ فَضْلِهِ وَلَعَلَّكُمْ تَشْكُرُونَ ﴿٧٣﴾

And out of His mercy He made the night and the day for you, that you may rest during the night and seek His bounty during the day, and for this you may accept the truth.

[Kanz-ul-Īmān (Translation of Quran)] (Part 20, Sūrah Al-Qaṣaṣ, verse 73)

Commenting on the foregoing verse, Ḥakīm-ul-Ummat Muftī Aḥmad Yār Khān عَلَيهِ رَحْمَةُ الْعَمَلَان has written on page 629 of *Nūr-ul-ʿIrfān*, ‘This verse makes it clear that resting at night and earning livelihood during the day is better. Do not remain awake at night unnecessarily, nor spend the day in useless activities. However, if someone sleeps during the day and works during the night due to his job, there is no harm in doing so.’

Excellence of morning

It is also important to take the nature of your work in consideration while making schedule. For example, the Islamic brothers who sleep early at night are fresh in the morning. Therefore, morning time is very good for academic activities. The following Du'ā of Rasūlullāh ﷺ has been narrated in *Sunan-ut-Tirmizī*: ‘Yā Allah عَزَّوَجَلَّ increase blessings in morning time for my Ummah.’

(Sunan-ut-Tirmizī, vol. 3, pp. 6, Ḥadīṣ 1216)

Regarding this Ḥadīṣ, Muftī Aḥmad Yār Khān عَلَيْهِ رَحْمَةُ الْمَلَأَن said, ‘That is, (O Allah عَزَّوَجَلَّ) increase blessings in all the religious and worldly tasks which my Ummah performs in the morning. (e.g. journey, gaining knowledge, business, etc.).’

(Mirāt-ul Manājīḥ, vol. 5, pp. 491)

Try to plan properly all of your daily routines from the time of rising in the morning to sleeping at night. For example, Taḥajjud at such-and-such time, activities for the acquisition of religious knowledge, Ṣalāt-ul-Fajr with Jamā’at (and all other Ṣalāh as well) in the Masjid with first Takbīr, Ishrāq, Chāsht, breakfast, Ḥalāl earning, lunch, domestic activities, evening activities, good company (if this is not possible, then loneliness is far better), meeting Islamic brothers for religious purpose, etc.

All these activities should be worked out and appropriate time should be given to all of them. Those who are not used to doing

so might face difficulty in the beginning, but gradually it will become their habit and they will see its blessings themselves,

إِنْ شَاءَ اللَّهُ عَزَّوَجَلَّ.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

Dear Islamic brothers! At the end of the speech, I would like to mention the excellence of Sunnaḥ as well as some Sunan and manners. The Prophet of Raḥmaḥ, the Intercessor of Ummaḥ صَلَّى اللَّهُ تَعَالَى عَلَيْهِ وَآلِهِ وَسَلَّمَ has said, ‘He who loved my Sunnaḥ loved me and he who loved me will be with me in the Paradise.’

(Mishkāt-ul-Maṣābīḥ, vol. 1, pp. 55, Ḥadīṣ 175)

15 Pearls of wisdom regarding sleeping and waking

1. Dust your bedding properly before using it for sleeping in order to remove harmful insects etc., if there is any.
2. Recite the following Du’ā before sleeping:

اَللّٰهُمَّ بِاسْمِكَ اَمُوتُ وَاَحْيٰ

Translation: O Allah عَزَّوَجَلَّ! I die and live with Your name (i.e. sleep and wake up).

(Ṣaḥīḥ Bukhārī, vol. 4, pp. 196, Ḥadīṣ 6325)

3. Do not sleep after Ṣalāt-ul-‘Aṣr as it could cause insanity. Rasūlullāh ﷺ said, ‘The one losing his intellect as a result of sleeping after Ṣalāt-ul-‘Aṣr should blame only himself.’ (*Musnad Abī Ya‘lā, vol. 4, pp. 278, Ḥadīṣ 4897*)
4. Having a siesta in the afternoon is Mustahab. (*Fatāwā ‘Ālamgīrī, vol. 5, pp. 376*) Ṣadr-ush-Sharī‘ah, Badr-ut-Ṭarīqah ‘Allāmah Maulānā Muftī Muhammad Amjad ‘Alī A‘zamī رحمه الله تعالى has said, ‘This is probably for those people who stay awake at night offering Ṣalāh, doing Zikr of Allah عزوجل or remaining busy with study. Siesta removes the tiredness caused by staying awake at night.’
(*Baḥār-e-Sharī‘at, part 16, pp. 79*)
5. It is Makrūh to sleep at the start of the day or between Maghrib and ‘Ishā. (*Fatāwā ‘Ālamgīrī, vol. 5, pp. 376*)
6. It is Mustahab to sleep in the state of purity.
7. It is also Mustahab to sleep on the right side with the right hand under the right cheek facing Qiblah for a while and then to sleep on the left side. (*Fatāwā ‘Ālamgīrī, vol. 5, pp. 376*)
8. Whilst going to sleep, ponder over ‘sleeping’ in the grave where nobody will accompany you except your deeds.
9. Whilst going to sleep, keep yourself busy doing Zikr of Allah عزوجل (i.e. keep saying ‘لَا إِلَهَ إِلَّا اللَّهُ’ ‘سُبْحَنَ اللَّهِ’)

and 'الْحَمْدُ لِلَّهِ') until you fall asleep as a person will awaken in the same state in which he falls asleep and will be resurrected on the Day of Judgement in the same state in which he meets his death. (*Fatāwā 'Ālamgīrī, vol. 5, pp. 376*)

10. After waking up, recite the following Du'a:

الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا وَإِلَيْهِ النُّشُورُ

Translation: All praise is for Allah عَزَّوَجَلَّ Who gave us life after death and we are to return to Him.

(*Ṣaḥīḥ Bukhārī, vol. 4, pp. 196, Ḥadīṣ 6325*)

11. After you get up, make the firm intention of adopting piety and refraining from distressing others.

(*Fatāwā 'Ālamgīrī, vol. 5, pp. 376*)

12. When the girl and the boy reach the age of 10, they should be made to sleep on separate beds. A boy of this age should not sleep with his peers or men on the same bed.

(*Durr-e-Mukhtār, vol. 9, pp. 629*)

13. When husband and wife sleep on the same bed, they should not allow a ten-year old child to sleep with them. When a boy reaches puberty, rulings of men will apply to him.

(*Durr-e-Mukhtār, vol. 9, pp. 630*)

14. Use Miswāk (to clean your teeth) when you wake up.
15. Waking up at night to perform Tahajjud is a great virtue. The Beloved and Blessed Prophet ﷺ has said, ‘After the Farḍ Ṣalāh, the supreme Ṣalāh is the one offered during the night.’ (*Ṣaḥīḥ Muslim, pp. 591, Ḥadīṣ 1163*)

To learn various Sunan, purchase the booklet entitled ‘*Sunnatayn aur Ādāb*’ (Sunan and Manners) from Maktaba-tul-Madīnah. Travelling with the Madanī Qāfilaḥs of Dawat-e-Islami in the company of the Prophet’s devotees is also an excellent and effective way of learning and acting upon Sunnah.

صَلُّوا عَلَى الْحَبِيبِ صَلَّى اللَّهُ تَعَالَى عَلَى مُحَمَّدٍ

Give this booklet to someone else after having read it

Reap rewards by distributing Maktaba-tul-Madīnah’s published booklets and Madanī pearls-containing pamphlets on the occasions of wedding, funeral, Ijtimā’at, ‘Urs, procession of Milād etc. Make a habit to keep some booklets in your shop to gift them to your customers with the intention of reaping rewards. Send at least one Sunnah-Inspiring booklet or Madanī pearls-containing pamphlet to each home in your neighbourhood with the help of children or paperboys, stepping up efforts for conveying the call towards righteousness and gaining great reward.

Transliteration Chart

ء	A/a	ڑ	Ř/ř	ل	L/l
ا	A/a	ز	Z/z	م	M/m
ب	B/b	ژ	X/x	ن	N/n
پ	P/p	س	S/s	و	V/v,
ت	T/t	ش	Sh/sh		W/w
ٹ	Ṭ/ṭ	ص	Ṣ/ṣ	ه / ه / ة	Ĥ/ĥ
ث	Ṣ/ṣ	ض	Ḍ/ḍ	ی	Y/y
ج	J/j	ط	Ṭ/ṭ	ے	Y/y
چ	Ch	ظ	Ẓ/ẓ	َ	A/a
ح	Ḥ/ḥ	ع	‘	ُ	U/u
خ	Kh/kh	غ	Gh/gh	ِ	I/i
د	D/d	ف	F/f	و مدہ	Ū/ū
ڈ	Ḍ/ḍ	ق	Q/q	ی مدہ	Ī/ī
ذ	Ẓ/ẓ	ك	K/k	ا مدہ	Ā/ā
ر	R/r	گ	G/g		

The Blossoming of Sunnah

By the Grace of Allah ﷺ Sunnahs of the beloved and blessed Prophet ﷺ are extensively learnt and taught in the congenial Madani Environment of Dawat-e-Islami, a global non-political movement for the propagation of Quran and Sunnah.

It is a Madani request to spend the whole night in the weekly Sunnah Inspiring Ijtima' commencing after Sha'at-ul-Maghrib every Thursday in your city. Habitualize yourself to a punctual travel in the Madani Qafilah with the devotees of the Holy Prophet in order to learn the Sunnah and fill out the Madani In'amât booklet daily practicing Fikr-e-Madina (Madani Contemplation) and submit it to the Zimmadar (relevant representative of Dawat-e-Islami) of your locality. By the blessing of this, ﷺ you will develop a mindset and a yearning to protect your faith, adopt the Sunnahs and be averse to sins.

Every Islamic brother should develop the Madani Mindset that **"I must strive to reform myself and people of the whole world"** ﷺ.

In order to reform ourselves, we must act upon the Madani In'amât and to reform people of the entire world we must travel in the Madani Qafilah ﷺ.

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ul
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